

Gender Reassignment Surgery (GRS) Checklist for Plan Sponsors/Student Health Centers Precertification Process Information

Pre-Certification does not guarantee the payment of benefits. Each claim is subject to medical policy review, in accordance with the exclusions and limitations contained in the Policy, as well as a review of eligibility, adherence to notification guidelines, and benefit coverage under the specific Student Health Insurance Plan (SHIP). Please review Aetna’s Clinical Policy Bulletin #615 located online for appropriate CPT Codes.

LINK TO CPB #615: http://www.aetna.com/cpb/medical/data/600_699/0615.html.

1	Student Name	
2	Aetna W ID Number	W
3	Student Date of Birth (Must be 18 years old or older)	
3	SHIP Coverage Dates	-
4	Is this a New Treatment or Continued Treatment?	<input type="checkbox"/> New <input type="checkbox"/> Continued
5	If Continuing Treatment was started before the student was a SHIP member with Aetna, Is a Transition of Care Document attached?	Y/N
6	Referral on file, if applicable, with Student Health Center and Aetna Student Health ?	Y/N
7	Referral Dates (if applicable)	-
8	Persistent, well-documented gender dysphoria required	
9	Capacity to make a fully informed decision required	
10	Are mental health conditions documented? (<i>per WPATH recommendations</i>)	Y/N
11	Providers being considered:	
a.		
b.		
12	Surgical Centers and/or Facilities/Hospitals being considered:	
a.		
b.		
13	Female to Male Services?	If yes, see 13a-f
14	Male to Female Services?	If yes, see 14a-e

Female to Male:

For FTM (Mastectomy)*:

13a	One letter required from a qualified mental health professional**	
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For FTM Gonadectomy (Hysterectomy and Oophorectomy):

13b	Two referral letters required from qualified mental health professionals**, one in a purely evaluative role	
13c	Twelve month of continuous hormone therapy as appropriate to the member's gender goals (unless the member has a medical contraindication or is otherwise unable or unwilling to take hormones).	

For FTM: Genital Reconstructive Surgery (Vaginectomy, Urethroplasty, Metoidioplasty, Phalloplasty, Scrotoplasty, and Placement of a Testicular Prosthesis and Erectile Prosthesis):

13d	Two referral letters required from qualified mental health professionals**, one in a purely evaluative role	
13e	Twelve months of continuous hormone therapy as appropriate to the member's gender goals (unless the member has a medical contraindication or is otherwise unable or unwilling to take hormones).	
13f	Twelve months of living in a gender role that is congruent with their gender identity (real life experience).	

Male to Female:

For MTF: (Orchiectomy):

14a	Two referral letters required from qualified mental health professionals**, one in a purely evaluative role	
14b	Twelve month of continuous hormone therapy as appropriate to the member's gender goals (unless the member has a medical contraindication or is otherwise unable or unwilling to take hormones).	

For MTF: Genital Reconstructive Surgery (Penectomy, Vaginoplasty, Labiaplasty, and Clitoroplasty):

14c	Two referral letters required from qualified mental health professionals**, one in a purely evaluative role	
14d	Twelve months of continuous hormone therapy as appropriate to the member's gender goals (unless the member has a medical contraindication or is otherwise unable or unwilling to take hormones).	
14e	Twelve months of living in a gender role that is congruent with their gender identity (real life experience).	

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**Note: A trial of hormone therapy is not a pre-requisite to qualifying for a Mastectomy.*

*** Master's degree or equivalent in a clinical behavioral science field granted by an institution accredited by the appropriate national accrediting board. The professional should also have documented credentials from the relevant licensing board or equivalent; and*

Competence in using the Diagnostic Statistical Manual of Mental Disorders and/or the International Classification of Disease for diagnostic purposes; and

Ability to recognize and diagnose co-existing mental health concerns and to distinguish these from gender dysphoria;

Knowledgeable about gender nonconforming identities and expressions, and the assessment and treatment of gender dysphoria; and

Continuing education in the assessment and treatment of gender dysphoria. This may include attending relevant professional meetings, workshops, or seminars; obtaining supervision from a mental health professional with relevant experience; or participating in research related to gender nonconformity and gender dysphoria.

IMPORTANT NOTE: *Rhinoplasty, face-lifting, lip enhancement, facial bone reduction, blepharoplasty, breast augmentation, liposuction of the waist (body contouring), reduction thyroid chondroplasty, hair removal, voice modification surgery (laryngoplasty or shortening of the vocal cords), and skin resurfacing, which have been used in feminization, are considered cosmetic. Similarly, chin implants, nose implants, and lip reduction, which have been used to assist masculinization, are considered cosmetic.*